

EXTERNAL SEMINAR



16 Decembre 2025



13:00–14:00



ROOM F 200



Jakob Zinsstag

Swiss Tropical Institute

**Integrated approaches to health: The place of “One health”
and its theoretical and practical implications**

While clinical medicine focuses primarily on the patient, public health aims to prevent and combat disease at a population level. Integrated approaches to health broaden public health by recognising the inescapable link between humans, animals, plants and their environment. They aim to simultaneously improve human, animal, plant and environmental health, depending on the type of approach. The EcoHealth, One Health and Planetary Health approaches are currently at the forefront. Of these three comparable approaches, One Health is currently the most deeply rooted in policy and practice. Integrated approaches are influenced by contemporary scientific philosophies. They also affect the way in which governments, universities, non-governmental organisations and the private sector organise themselves. The European Union has presented a scientific recommendation on the implementation of the “One Health” approach, which, on the basis of the various policies, calls for enhanced cooperation between the different sectors and between the Member States.